

PHYSICAL VIOLENCE SEXUAL

### Using COERCION and THREATS

- threats to hurt, to leave, commit suicide, report to welfare
- making the victim drop charges
- making victim participate in illegal activities

### Using INTIMIDATION

- instilling fear in victim with looks, actions, gestures
- smashing things, destroying property
- abusing pets
- displaying weapons

### Using EMOTIONAL ABUSE

- putting victim down
- calling victim names
- making victim think they are crazy
- playing mind games
- humiliating victim
- making victim feel guilty

### Using ECONOMIC ABUSE

- preventing victim from getting or keeping a job
- making victim ask for money
- giving victim an allowance
- taking victim's money
- hiding from or denying access to family income from victim

# POWER AND CONTROL

### Using GENDER PRIVILEGE

- treating victim like a servant
- making all the big decisions
- acting like the master of the castle
- being the one to define gender roles

### Using ISOLATION

- controlling victim's activities, who they see, talk to, read, where they go
- limiting victim's outside involvement
- using jealousy to justify actions

### Using CHILDREN

- making victim feel guilty about the children
- using the children to relay messages

### MINIMIZING, DENYING and BLAMING

- making light of the abuse
- not taking victim's concerns seriously
- denying the abuse happened
- shifting responsibility for abusive behavior
- saying victim caused it

PHYSICAL VIOLENCE SEXUAL